



Registered Massage Therapists'
Association of Ontario

CALL FOR PRESENTERS

2025 VIRTUAL EDUCATION CONFERENCE

SUNDAY, APRIL 6, 2025

Call for Presenters

The Registered Massage Therapists' Association of Ontario (RMTAO) invites individuals to share their knowledge and experience at the upcoming RMTAO 2025 Virtual Education Conference. This Call for Presenters is your guide to determining how you can contribute to information sharing and knowledge transfer with members of the massage therapy profession. Proposals may be submitted to present relevant materials in your area of expertise for any of the topics identified in this Call for Presenters or any other topic that fits within the session streams outlined below.

About the Registered Massage Therapists' Association of Ontario

The RMTAO is a member-driven, not-for-profit professional association that provides leadership and advocates on behalf of Registered Massage Therapists (RMTs) in Ontario, Canada. The RMTAO exists to advance the massage therapy profession in Ontario by promoting the profession to the public, educational institutions, government, businesses, and other healthcare professions. The RMTAO advocates on behalf of the profession and provides education, information and programming that encourage professional growth and high standards for RMTs. More information can be found at www.rmtao.com.

Conference Overview

The RMTAO Virtual Education Conference is an educational event that emphasizes excellence in the profession of massage therapy. This involves striving for excellence by deepening your understanding of how massage enhances health and wellbeing, boosting your confidence and competence, and promoting positive health outcomes in patients through well-informed research practices.

The 2025 conference will provide RMTs with the practical tools they need to achieve excellence in their practices through acquiring new knowledge on options for patient assessment and treatment, including best practices for certain conditions and populations, and effective use of evidence-informed tools, techniques and procedures.

Being a speaker with the RMTAO will allow you to

- Gain exposure to other massage therapists and educators who share your commitment to educational excellence and high standards of care.
- Share ideas, knowledge and experience with massage therapists new to the profession and those with years of experience.

Potential topics

Below are some examples of topics the RMTAO would be interested in for our 2025 Virtual Education Conference, based on attendee and member feedback. If you have a topic idea that is not listed below but would be a good fit for the RMTAO Conference, we encourage you to submit it.

Effective assessment and treatment of the various conditions and population types are listed below.

Note: Teaching hands-on techniques during the conference session would be highly preferred. For example, the speaker could show the techniques on a student, patient, themselves, etc live during their session.

- Post surgical treatments
- Pregnancy massage
- Lymphedema
- Carpal tunnel syndrome
- Rotator cuff tear/treatment/recovery
- Headaches (migraine, tension etc.)
- Temporomandibular joint dysfunction
- Concussion/whiplash
- Shoulders (frozen shoulders, rotator cuff etc.)
- Scar tissues
- Plantar fasciitis
- Palliative care
- Athletes
- Sports injury
- Seniors
- Infants and children
- Cancer care
- Low back and pelvic pain
- Joint problems
- Cardiovascular conditions

Conference Session Information

The RMTAO Virtual Education Conference will include plenary and concurrent sessions. All the sessions will be approximately 1-1.5 hours in length. The RMTAO may consider alternative session lengths but reserves the right to determine the session format based on the content. All sessions will be in lecture format and will provide RMTs with knowledge and skills that can be immediately incorporated into their practices. Time for an interactive Q&A session can be included towards the end of the session. The presented topic should be directly related to one or more career-span competencies for massage therapy (<https://www.cmta.com/rmts/quality-assurance-program/strive/career-span-competencies/>).

The sessions should not be an overview or promotion of another course or book and should not be used to promote or sell a product or service.

Proposals

Individuals who wish to participate in the 2025 RMTAO Virtual Education Conference are welcome to submit one or more proposals to the RMTAO Conference Committee. By submitting a proposal, presenters are deemed to have agreed to reserve the Conference date of Sunday, April 6, 2025, until such a time as the results of the Conference Committee's review of proposals is completed.

Proposal Requirements

In order to be considered, proposals should provide the following elements.

Presenter Information

The individual or individuals who would be presenting the proposed session should be clearly identified by providing:

- a) All contact information for all presenters
- b) A brief 150-word biography of each presenter
- c) A curriculum vitae for each presenter
- d) Two references for each presenter (name, title, all contact information for references)

Session Information

The education content of the proposed session must be clearly articulated and should include the following information:

- a) Proposed title
- b) Session description: a brief description outlining the overall educational information, relevance, and value to be derived from the session
- c) Learning outcomes: the specific skills and knowledge that participants will obtain by participating (provided in bullet points). 3-4 learning outcomes at least
- d) CMTO competencies: List the competencies the session will cover
- e) Target audience
- f) Research: List all evidence-based sources supporting the course material

Proposal Review Process

The RMTAO Education Conference Committee will evaluate the proposals. The selection process will be based on the following criteria:

- Relevance to delegates;
- Anticipated level of interest to delegates;
- Introduction of new techniques and presenters to the conference;
- Sufficiency of detail & research regarding the proposed session;
- Education and experience; and
- Organization and clarity of the proposal.

The RMTAO Conference Committee will finalize its selections as soon as possible after the submission deadline.

Conference Attendance and Registration

Accepted presenters will receive an honorarium and complimentary registration for the full conference, should they wish to participate in other sessions.

All sessions hosted during the conference will be live presentations from the speakers (i.e., sessions will not be pre-recorded).

Submission of Proposals

Detailed proposals should be sent via email in a PDF or Word document to Hariti Malhotra, RMTAO Education and Events Planner, at hariti@rmtao.com. All proposals must be received by the RMTAO office by **September 13, 2024**. In fairness to those adhering to the timelines, submissions received after this deadline will not be reviewed.

The RMTAO reserves the right to accept or reject any proposal that in its view does not meet the intended needs of the conference delegates. The RMTAO also reserves the right to reject all proposals. All decisions will be made by the RMTAO Executive Director on the advice of the RMTAO Conference Committee. All decisions are final. By submitting a proposal, prospective presenters are agreeing to hold harmless the RMTAO, its Board of Directors, volunteers, staff and agents working on behalf of the delivery of the Education Conference. All submissions become the property of the Registered Massage Therapists' Association of Ontario.

Questions

Questions regarding this Call for Presenters or any component of the Education Conference should be directed to:

Hariti Malhotra
Education and Events Planner
Registered Massage Therapists' Association of Ontario
416-596-9074
hariti@rmtao.com