

RE: Inclusion of Massage Therapy in Primary Care

Dear

I would like to offer my congratulations on your election as MPP. I am a Registered Massage Therapist (RMT) in your riding. The Registered Massage Therapists' Association of Ontario (RMTAO) has recently participated in a successful pilot project, integrating massage therapy into the primary care team at CommunitiCare, formerly West Toronto Community Health Services.

As a constituent in your riding, I ask for your support for the RMTAO's proposal of an additional comprehensive study to investigate the broader impact of integrating massage therapy into primary care across Ontario, building upon the initial pilot project, with the aim of evaluating its potential to enhance patient outcomes, reduce healthcare costs, and improve overall efficiency within the primary care system.

Access to massage therapy care can be limited, especially for Ontarians who don't have access to third-party insurance or who can't afford to pay out of pocket. Our recent pilot project helped improve this access, and participants found they were able to better manage their condition and experienced an improved quality of life by incorporating massage therapy into their healthcare. Participants also stated that massage therapy care allowed them to take less pain medication and see their doctor or nurse practitioner less often.

I urge you to support integrating massage therapy into primary care to improve pain management, reduce reliance on pharmaceuticals, and increase access to healthcare.

I can be reached at the contact information listed in the signature line below.

Sincerely,